



Healthy Skin • Healthy Life™

LAVENDER ESSENTIAL OIL

Historically, Lavender was used as an antiseptic as well as for mental health purposes. Today, Lavender is used as a home remedy for anxiety, restlessness, insomnia, depression, and headache. The spray is perfect for pillows, the roll on is a light stress reducer when applied on your wrist or when a few drops are added in your bath at the end of a long day. Lavender is one of the oldest and most beloved essential oils.



KEY INGREDIENT

- Lavender: Floral, fresh, sweet, herbaceous and sometimes slightly fruity.



All Essential Oils are therapeutic grade and maintain Jordan Essentials high standard of quality for your family and ours.

Jordan Essentials does not claim to cure any illness. Check with your doctor before use if pregnant, nursing or taking medications. These statements are not reviewed or endorsed by the FDA.

BENEFITS AND SUGGESTED USES

- Inhale or place a few drops on a cotton ball to replenish your mind, body, and spirit.
- Family Friendly: If you have a family, Lavender is perfect. It is considered safe to use on children's minor cuts, scrapes, and mild sunburns. It is good for a wide variety of family needs.
- Stress Relief: Lavender Essential Oil helps soothe away stress and anxiety for a quiet and calm state of mind.
- Helps you sleep: In need of a good night's rest? Lavender is the perfect oil and will help you fall asleep easier and faster.

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