



Healthy Skin ♣ Healthy Life™



## EASY CUCUMBER SALAD

### INGREDIENTS

- 2 tbsp white vinegar
- 1 tbsp chopped fresh parsley
- 1 tbsp chopped fresh dill
- 1 tsp minced garlic
- 1 tsp white sugar
- 1 tsp salt
- 1 seedless cucumber, peeled and chopped

### INSTRUCTIONS

*Prep time: 20 mins. | Ready in: 4 hours*

- Whisk together the vinegar, parsley, dill, garlic, sugar, and salt in a bowl.
- Add the cucumber and stir to coat.
- Cover and chill in refrigerator 4 to 8 hours.
- Stir well before serving.
- Enjoy!



Healthy Skin ♣ Healthy Life™



## EASY CUCUMBER SALAD

### INGREDIENTS

- 2 tbsp white vinegar
- 1 tbsp chopped fresh parsley
- 1 tbsp chopped fresh dill
- 1 tsp minced garlic
- 1 tsp white sugar
- 1 tsp salt
- 1 seedless cucumber, peeled and chopped

### INSTRUCTIONS

*Prep time: 20 mins. | Ready in: 4 hours*

- Whisk together the vinegar, parsley, dill, garlic, sugar, and salt in a bowl.
- Add the cucumber and stir to coat.
- Cover and chill in refrigerator 4 to 8 hours.
- Stir well before serving.
- Enjoy!