



Healthy Skin ♣ Healthy Life™

## BE YOUR BEST SELF!

### **Give Back.**

Remind people in your life how much they love you and mean to you. Just give back to the people who give to you.

### **Be Accountable.**

Ask yourself how you can be a better friend to people or better support them. Work on making yourself more accountable to the people around you. Talk less, listen more.

### **Smile.**

Smile more and laugh more. Seek more opportunities for humor and laughter in your life. Be aware of the joy that's already around you.

### **Apologize.**

Learn how to apologize. Nothing makes us more beautifully human than making mistakes and owning up to them.



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## JANUARY *Customer Special*

## DEEP DAILY MOISTURIZER

Replenish your face with this oasis of Shea Butter!  
Makes a great night cream.

Just \$5 with \$50 Purchase

January 1-31, 2018