



Healthy Skin ♣ Healthy Life™



LEMON

Mental pick-me-up.

Remove gum, oil, grease spots, glue or adhesive, and crayon.

Eliminate fridge odors.



TEA TREE

Immune booster.

Diffuse to soothe a bad cold or sinusitis.

Combat acne, oily skin, head lice, and dandruff.

ORANGE

Uplifting.

Helps with anxiety.

Provides relief from constipation.

Helps with motion sickness.



PEPPERMINT

Stop nausea instantly.

Deter ants, spiders, and mice.

Relief from headaches.

Antibacterial properties.



LAVENDER

Safe on minor cuts and scrapes.

Sunburn relief.

Get a good night's sleep.

Eliminates pet odor.



EUCALYPTUS

Relax sore muscles.

Remedy for burns, blisters, wounds, and insect bites.

Opens airways.

Cold & congestion relief.

