

INGREDIENTS

- 1 cup low-fat sour cream
- 2 tablespoons of brown sugar
- 2 tablespoons of lime juice
- A sprinkle of cinnamon sugar

INSTRUCTIONS

- 1. Put all of your ingredients into a large bowl. Mix well.
- 2. Thread fruits of your choice on skewers.
- 3. Serve fruit with the dip and enjoy your after school snack!



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