



Healthy Skin ♣ Healthy Life™

LEMON ESSENTIAL OIL

Lemon Essential Oil is not only antiseptic, antimicrobial and bactericidal, it often helps improve your moods. Try using some lemon oil to see the brighter side of things since it helps improve mental alertness. A few drops in your JE Shampoo can help with dandruff or add a drop or two in your Toner Mist to brighten your complexion. Lemon is also a great household cleaning agent!



KEY INGREDIENT

- Lemon: has a strong, purifying, citrus scent that is revitalizing and uplifting.



All Essential Oils are therapeutic grade and maintain Jordan Essentials high standard of quality for your family and ours.

Jordan Essentials does not claim to cure any illness. Check with your doctor before use if pregnant, nursing or taking medications. These statements are not reviewed or endorsed by the FDA.

BENEFITS AND SUGGESTED USES

- Inhale or place a few drops on a cotton ball to replenish your mind, body, and spirit.
- Combine 20-30 drops with water in an 8 oz. spray bottle to help cleanse and sanitize surfaces.
- Use 1-3 drops to remove gum, oil, grease spots, glue or adhesive, and crayon from most surfaces.
- Place a few drops on a cotton ball and put in the refrigerator to help eliminate odors.
- Add 10-15 drops to a gallon of carpet cleaning solution to help pull out stains, brighten carpet and rugs, and leave a fresh smell in the room. (Spot test first)

HEALTHY SKIN • HEALTHY LIFE