



# MAKING YOUR HOUSE A HOME

## Letting Go

It's possible to focus so much on decor, design, and picking the perfect furniture to reflect your personality and interests that can turn your house into a place of stress. How about taking a quick breather and switching gears for a sec and not allowing that stress to enter your home? Trust it will all eventually come together and just let it all happen when it does. Try cherishing your home in all its different quirky stages. Take a Peace Relaxation Kit break!

## Make It a Refuge

Do you have a place you go to in your mind that's a no-stress zone? A place that you sneak away to that just calms you down and clears your mind? For me it's when I step into a yoga studio — the outside world just seems to melt away. Now wouldn't it be incredible if that place was your home? How can you make that happen for you? Maybe try taking a few deep breaths before you open the door, or leaving all the negativity outside on the front steps. What can you do to eliminate stress and worry from your house and make it a peaceful, happy place?

## Spend Time There

This seems like a no-brainer, right? But it's not all that easy. How much time do you just spend in your home enjoying it? Do you hang out there and get to know it better? Or do you run out every chance you get? The more time you actually spend in your house, the more you may grow to love it. Even if it's not your ideal space, you can start to appreciate it and make it work for you.

## Share It

Do you share your home with others you love? Do you have friends over often for dinner or a movie? Or do you very rarely invite guests over because your house isn't perfect? The more happiness and laughter that enters your house, the more it is going to feel like a home.

## Make Memories

This is a direct result of the previous tip. If you fill your home with people and laughter, you will be making memories all along the way. Filling your house with memories will quickly turn it from a mere dwelling into a home. You may not look back and remember this house for its amazing picture windows, or french doors, or balcony to the pool, but you will remember the birthday party where your best friend baked their first three layer cake and then the dog promptly knocked it off the table resulting in impromptu ice cream cookie sandwiches with candles stuck in them.

# CUSTOMER SPECIAL

## Peace Relaxation Kit

When things zip out of control at work, school or life in general, enjoy a little Peace on a soothing Herbal Therapy Face Cloth. Enjoy ultimate relaxation.



\$5 with \$50 Purchase