



Breast Cancer AWARENESS MONTH

Healthy Habits: Although you cannot prevent cancer, some habits that can help reduce your risk are...

Balanced Diet



Active Lifestyle



No Smoking



Healthy Weight



Reduce Alcohol



source: NationalBreastCancerFoundation, Inc.

Along with these healthy habits, what you put on your body is just as important!

“Aluminum-based compounds are used as the active ingredients in antiperspirants. These compounds form a temporary plug within the sweat duct that stops the flow of sweat to the skin’s surface. Some research suggests that aluminum-based compounds which are applied frequently and left on the skin near the breast, may be absorbed by the skin and cause estrogen-like (hormonal) effects. Because estrogen has the ability to promote the growth of breast cancer cells, some scientists have suggested that the aluminum-based compounds in antiperspirants may contribute to the development of breast cancer.”

Source: National Cancer Fact Sheets <http://www.cancer.gov/cancertopics/factsheet/risk/ap-deo>

Aluminum Free Deodorant: Odor fighting, earth-friendly ingredients like beeswax and shea butter. Plant-based science keeps your body functioning in a healthy way!

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Customer Special

Black Raspberry Vanilla Aluminum Free Deodorant

\$5 with any \$50 purchase (\$12 value)

