



# CHAMOMILE & LAVENDER & MINT iced tea



## INGREDIENTS

- 1 loosely packed cup fresh mint leaves
- 2 tablespoons dried culinary lavender
- 1 1/2 tablespoons dried chamomile or 4 chamomile tea bags

## INSTRUCTIONS

Crush mint leaves and put in a 1 gallon lidded jar. Add Lavender and Chamomile. Fill jar with water to within 2 inches of rim. Cover and refrigerate 6 hours. Pour through a cheesecloth lined colander into pitcher for serving. Makes 14 cups.



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